



# UYDEL Newsletter

Volume 5, Issue 7: January 2018

*Dear Partners, Welcome to the seventh Issue of the UYDEL Newsletter. This is the first edition of the Newsletter this year 2018 and we appreciate the feedback we have received from our partners in the past.*

## UYDEL) Hosts Board of Directors Meeting

An Annual Performance Review of UYDEL activities was undertaken by the Board Of Directors on Wednesday 8th November 2017. It started at 11:00am by the Board Chairperson Ms. Nathan Twinomugisha who urged members to review the agenda of the meeting and it was unanimously adopted without any amendments. The Chairman welcomed the members to the meeting and was glad that all members were in good health .He congratulated UYDEL staff on the Good job that has made UYDEL to Scale to higher heights and urged them to come up with strategies on how to manage the successes UYDEL has achieved over the years. He appreciated the following:

- Rebranding and renovation of Secretariat office
- Members noted that the number of staff had increased to 181. The board commended UYDEL Management for retention of staff which is good for institutional memory and building and sustainability.
- UYDEL Website was revamped. The Chairman encouraged members to visit the website and give feedback to management.
- Managing of UYDEL success Members suggested that UYDEL Management should define and develop indicators of success.
- UYDEL Strategic Plan Ms. Anna informed Members that the UYDEL Strategic plan needs to be reviewed because it's expiring next year 2018.

- Ms. Olga requested UYDEL Management to give an update on whether the Strategic plan has been working and where in terms of achieving the set goals. Management to submit report to Board and also share copy of strategic plan.

The Chairman commended UYDEL Management team for the coming up with the newsletter.

### Names of Members current UYDEL Board of Directors

No.	Name / Address	Position on the Board
1	Mr. Tebandeke Richard	Treasurer
2	Mr. Kasirye Rogers	Secretary/ Executive Director UYDEL
3	Ms. Anna Nabulya	Deputy Director UYDEL
4	Ms. Nakato Olga Mugerwa	Member
5	Kiggundu Mugerwa	Member
6	Dr. Regina Mbabazi	Member
7	David Kyaddondo, PhD.	Member
8	Mrs Abitekateka Twinomugisha	Member

# UYDEL Capacity building Social Workers meeting

This meeting was attended by only social workers from all the UYDEL safe spaces/Centers. Which was attended by 62 social workers, and had 5 facilitators who were able to discuss different sessions among them was how they can be able to manage the safe spaces/centers as they are leaders of these safe spaces through this Mr. Kasirye was able to share with them qualities of a good leaders which also encourages Team Work among themselves.



Dr. Brian Mutamba from Butabika Hospital discussed the possible services, partnerships and recovery plans for clients that come to UYDEL done comparing them with Butabika Hospital. They had a session of burn out where they were given signs and symptoms they should look out for incase they are faced with burnout and how they can control

or overcome it, this session was carried out by the Madam Anna Nabulya. The last session was held by one of the social workers who is now the store manager and took up a session of store management so that as leaders of the safe spaces/centers to know the different safe keeping of the materials that report to the centers.

## UYDEL General Staff meeting

This was a General UYDEL Staff meeting that took place at Masooli Rehabilitation center on 15th/12/2017, where over 160 staff attended which was facilitated by the Executive Director. During this meeting we were able to discuss on different issues that concern UYDEL such as the documentation of UYDEL Intervention, work and success and monthly reports for artisans, social workers that are submitted should contain at least 2 case studies for beneficiaries that will help in proper information keeping. There should be multiple skills for beneficiaries and expansion of the centers. There are Alumni Books at all centers where all young people who have gone through UYDEL register; this is a great way to track them and since they make UYDEL they too are part of the 25 years celebrations. And fund raise for more projects so that no Youth is left behind.

# International Conferences and visits

## SVRI FORUM 2017

*Young researchers from across the globe*

UYDEL was represented by Ms. Joan Lunkuse and Ms. Apofia Nabirye (accompanied by their facilitator Ms. Diana Namwanje) joining a selected group of young people in the Sexual Violence Research Initiatives' fifth international conference, SVRI Forum 2017, which was held from 18 - 21 September in Rio De Janeiro, Brazil with over 400 participants representing over 40 countries, the young researchers were part of "Being Heard," a project of SVRI and the University of Bedfordshire's International Centre: Researching child sexual exploitation, violence and trafficking which project aims to promote the ethical and meaningful engagement of young people in research on sexual violence.



"Participating in an international conference was more than just an event to us. It was an excellent opportunity to bring people together across countries, disciplines, experiences and ages. To us it was a dream come true and a moment of self-discovery in terms of ability, talents and probably knowing ones weakness. Meeting people

of different backgrounds and ages was imperative to opening up processes of knowledge production and discussions to include and be influenced by the voices of those that the discussed themes impact on most" stated one of the youth researchers.



*Young researchers with their facilitator presenting a poem during the conference*

"We wish to extend our whole-hearted appreciation to the organizers of the Sexual Violence Research Initiative and the Being Heard team for not only giving us a captivating experience of boarding a plane to far lands past the Atlantic but granting us a billion dollar opportunity to "learn and compile learning points and notes on what has worked for different people in different countries and helps me to think about what works in mine to amalgamate global efforts and take great strides in programming that leads to a progressive end in sexual violence" said another.



*Young researchers from across the globe.*

# An Exchange Educational visit for UYDEL staff to Sweden

UYDEL staff Josephine and Joanitah were honored to be hosted in Sweden for an exchange educational learning visit concerning Alcohol and Drug use as well as communication platforms. They were hosted by C.A.N organization (The Swedish Council for Information on Alcohol and Other Drugs) from the 6th-12th November 2017.

"While in Sweden, we were able to acquire knowledge about packaging information that suits different targets of people especially in the Newsletter, Models that can be used when conducting different campaigns, handling young people's problems especially those affected by alcohol and drug abuse using the Bella net Approach. Hopefully to share some of the ideals got

with the social workers at UYDEL centers" says Josephine & Joanitah.



Joanitah & Josephine with the communication team for C.A.N while in Sweden.

## Annual SRHR Health Fair and Sports Gala for Slum Youth to Commemorate the World AIDS Day

at Masooli Vocational Training and Rehabilitation Center Friday 08th December 2017.

Every year, the global community commemorates World AIDS Day on December 1. This year UYDEL organised an annual SRHR Health Fair and Sports Gala For Slum Youth to honor those who have lost their lives to AIDS, communicate our ongoing commitment to assist those who are living with or at risk for HIV, and celebrate the caregivers, families, friends, communities that support them and also increase awareness about HIV epidemic and show how we are taking action.

Theme is **"Increasing Impact through Transparency, Accountability, and Partnerships"**

The SRHR health fair and sports gala was attended by 234 young people from Banda, Rubaga, Makindye and Masooli.

### Main Activities for the Day included:-

- Talk about importance of knowing ones HIV status and disclosure.
- Free HIV Counseling and testing
- Free STI/STD screening and treatment
- Breast cancer checkup
- Netball
- Football
- Music and dance

### Outcomes from the activity

- Increased awareness among young people on the existence of Youth Friendly Services within the public health facilities.
- Increased awareness about HIV epidemic

and measures of controlling without vaccine by the young people.

- Increased numbers of young people participating and perceiving the sports as an alternative to engaging in unhealthy high risk behaviors.
- Young people shall be able to understand what constitutes a healthy lifestyle and using sport to reflect this healthy lifestyle through preventing use of any performance enhancing substances and emphasizing the pursuit of a healthy lifestyle.
- Increased numbers of young people participating and perceiving the sports as an alternative to engaging in unhealthy high risk behaviors.



*Young people in a Football competition.*

- Young people shall be able to understand what constitutes a healthy lifestyle and using sport to reflect this healthy lifestyle through preventing use of any performance enhancing substances and emphasizing the pursuit of a healthy lifestyle.

Young people from Natete youth center immersed the overall winners for the day and awarded with a He-goat as a token of appreciation and the energies exhibited in the health and sports fair.

## Study Visit

# Youth Crime Prevention and Sports

**in Brazil 27th November to 1st December 2017**

A key component of this initiative, "**THE LINE UP LIVE UP**" UNODC's evidence informed and sports based life skills training curriculum has been designed as a unique tool that transfers the accumulated expertise of the united nations and other partners in implementing life skills training for crime and drug abuse prevention to sport settings through the **LINE UP LIVE UP** programme, sports coaches, teachers and others working with youth in sports setting can target valuable life skills, such as resisting social pressures, coping with anxiety and communicating effectively with peers. The study visit brought together policy makers and sports trainers from various countries around the world to explore the use of sports as a tool for prevention and UYDEL was represented by its sports instructor Mr. Kinobi Moses.



*Mr. Kinobi Moses UYDEL Sports Instructor (third right) during the **Line Up Live Up** Training.*

The objectives of the study visit among others included; To exchange experiences on the use of sports for

youth crime prevention through project visits and meetings with sports teachers and policy makers, To familiarize practitioners and policy makers from different parts of the world with the lineup live up life skills training for youth, including its training delivery methodology, To raise awareness about ways to use sports for changing knowledge ,skills and attitudes of at risk use; To facilitate the role out of line up live up.

# Success Stories

## Case study 1



**Name: Nabanoba Resty**  
**Age: 18 Years**  
**Sex: Female**  
**Residence: Nabweru South**

"I stay with my aunty though both parents are still alive at Nabweru-South. I dropped out of school in form 3 due to lack of school fees ending up home idle where my aunt came for me to start living with her in Nabweru up to now".

While at home, my aunt advised me to go back to school but had lost interest thus opted for vocational skills instead thus ending up in UYDEL where i was recruited by one of the social workers to start learning various skills of my choice at Bwaise youth drop-in centre. I trained in knitting skill for a period of 8 months after which my aunty was able to buy me my own knitting machine to start making sweaters, skirts as still went

back at centre for more training. Am now self-employed at home, makes sweaters for schools and others. My expenditure on materials rates (threads, knitting oil, needles from 130,000-150,000/=). My prices for casual sweaters rate from 15,000/= and when its season for schools, i can earn 60,000/= weekly and manages to get 20,000-30,000/=. With this, am able to buy some basic needs for myself and hopeful for my business to pick up in the nearby future though face some bit of challenges such as;- hatred by the village people, poor payment by customers, jealousy from same job competitors".



## Case study 2

**Name: Kalenga Lavy Clemence**  
**Age: 18 Years**  
**Sex: Female**  
**Skill: Electronics**



*Lavy Kalenga Clemence.*

**Lavy Clemence** is a daughter of Bahati Migabo and Kalenga Ernest from Bukavu - Congo. She grew up and studied in Makindye after her mother moved to Uganda due to instabilities in Congo. Her mother went back to Congo when Lavy was 6 years leaving her in the care of her Big Brother Kalenga Patrick with whom she has grown.

She went to Kibuye Primary school where she completed her Primary and joined Pearl High School for her senior one but dropped out due to lack of school fees. After three years of depression and anger, Lavy's friend, a former beneficiary from UYDEL told her about the vocational skills offered. This brought a lot of excitement and joy to her and luckily, she was assessed and enrolled

into electronics class. Unlike most girls, Lavy loves challenges a major reason why she opted from electronics and of course her brother's influence as a self-trained electrician and a tailor. After 9 months of training in electrical installations and phone repairs, Lavy has made her brother so proud in the community they live because of her exceptional skills in electronics.



*Lavy at her workplace.*

She now repairs phones in her community for 10,000/= as her minimal charge. She hopes that after graduation in march 2018, she will use her skills to earn a living and hopefully go for upgrading in electronics.

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"I want to work hard and be a good example to other girls and make them believe that everyone has unlimited potential that maybe unknown to them." She Said happily.

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# Upcoming Events

**1. UNODC Youth Forum - Vienna Austria**

**2. CND Vienna Austria**

**3. UYDEL Graduation Ceremonies**

**4. Chains Movie Premiere**

For more information about this newsletter, contact:

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You are encouraged to subscribe to the ISSUP Newsletter for International Society for Substance Abuse use Prevention and Treatment Professionals (ISSUP): or sign up at **[www.preventionhub.org](http://www.preventionhub.org)** to receive the FREE fortnightly Prevention Update offering a unique update on what is happening in the world of drug abuse prevention.

Wishing to be a member of World Federation Against Drugs (WFAD) please visit **[website: wfad.org](http://website:wfad.org)**



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